

Darwin News

Issue 14 - September

Autumn Edition 2021

Welcome to the Autumn edition of the practice newsletter, our aim is to keep you updated with what's happening in the practice and to let you know we are here for you and your loved ones in times of need.

Meet the team



Greenwood Health Centre



Great news! The contractors are now on the last leg of the final completion of the Greenwood Health Centre.

We are getting so close to moving in, and it is starting to feel a lot more real that this is actually happening.

We will keep you posted through updates on our website www.darwinmedicalpractice.co.uk and our Facebook page.

Please note that our Chasetown Medical Centre and St Chad's Health Centre will remain open as normal.

Telephone details:-

Darwin Medical Practice - 01543 682654
Chasetown Medical Practice - 01543 671705
St Chads Health Centre - 01543 412980
Out of hours number - 01543 412980 or 111.

Calling all our junior budding artists



We are running a competition for all our junior Darwin patients to design and create a piece of NHS related art work .

The winning entries will be proudly displayed in our new Greenwood Health Centre.

All entries need to be drawn or painted on
A4 landscape paper



How do our patients feel about their personal experiences when dealing with the surgery.

Our overall results are good!

87% of patients have told us their overall experience of this GP practice is good

77.9% of responses above the average

16.6% of responses average

5.5% below average

An improvement in our performance versus the last survey.

The area highlighted for improvement is patients ability to see or speak to their preferred GP when they would like to. This is hard to fix as part of a larger practice though we will review how we can improve continuity.

The results of this years survey are pleasing. During the pandemic the practice has been under a huge strain and adapted its working practices in a way that has impacted on every member of the team.

The partners are rightly proud of the results and would like to thank everyone involved in achieving these results.

Flu vaccination update

Transportation issues have caused a delay in the vaccine being delivered to the practice. We are currently waiting for an update from the suppliers with their expected delivery date. A week before the confirmed delivery date we will update our appointment booking system with flu vaccination appointments.

You will be able to book your flu vaccine via the NHS App online appointment booking or our Reception Team.

Please note this year we will be using our Chasetown Medical Practice as our flu vaccination hub.

Please monitor our website and Facebook page for further updates.



Burntwood and Lichfield Primary Care Network

Darwin Medical Practice

Salters Meadow Health Centre

Burntwood Health and Wellbeing Centre

Langton Medical Practice

Why Social Prescribing?

Social Prescribing can help with things that cannot be fixed by doctors and medicine alone.

If you have a problem that is not medical, it can be a way of helping you to connect to the most appropriate support. It can help you to find ways to feel more in control and part of your

How can Social Prescribing help you?

Your Social Prescriber Link Worker will talk with you to understand your needs then discuss what is available to help and support you.

The idea behind social prescribing is to help you have more control over your own health and wellbeing and find ways to improve how you feel in a way that suits you.

Studies show that patients with social prescribers get better and feel better faster than those treated by medicine alone.

Examples of support that we can help you with:

- Befriending, local groups and activities
- Links to Financial advice
- Social isolation
- Mental wellbeing
- Housing
- Independent living
- Volunteering and employment support
- Healthy lifestyle choices (physical activity, nutrition and smoking cessation)



Connecting with your Social Prescriber:

If you feel you would benefit from support from a social prescriber Link Worker, please speak to any member of staff in your GP practice and they will make a referral for you.

Jessica
Ryan





WHAT IS CARE COORDINATION?

Having many health conditions or seeking support for a mental health condition can mean that you see a variety of health and social care professionals; it can impact on different aspects of your life. A care coordinator wants to make sure you have the fastest and best-quality service with continuity.

INTRODUCING OUR CARE CO-ORDINATOR Alison Stubbs



Care coordination will:

- ◆ Ensure you only have to tell your story once
- ◆ Help improve your choice and control over how your care and support needs are met
- ◆ Enable you to have a single support plan which identifies all your needs
- ◆ Enable better understanding between you and your family and health professionals to support you to better manage your condition
- ◆ Help the different people and services that support you to work together in a better way
- ◆ Give you a single point of contact for your health and wellbeing needs
- ◆ Support shared decision-making between professionals and patients
- ◆ Support personal health budgets for people with complex needs

It may include:

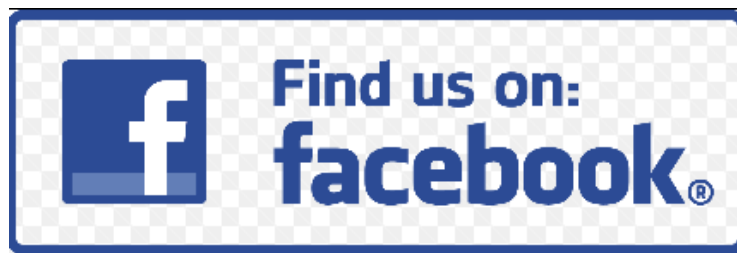
- ◆ Providing access to information and resources to help you to build your knowledge, confidence and skills
- ◆ Liaising with other professionals on your behalf
- ◆ Clearly mapping out your story and your needs
- ◆ Providing you with links to information that can help with your health journey
- ◆ Connecting you to other services in the community

Keeping in touch with your surgery

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Please visit our website at
www.darwinmedicalpractice.co.uk



Download the NHS App today!

How does it work?

- ⇒ Get your NHS COVID Pass
- ⇒ Get advice about coronavirus
- ⇒ Order repeat prescriptions
- ⇒ Book appointments
- ⇒ Get health advice
- ⇒ View your health record
- ⇒ Register to be an organ donor
- ⇒ Find out how the NHS uses your data
- ⇒ View your NHS number